



**KIDNEY & UROLOGY**  
FOUNDATION of AMERICA, INC.

*Proudly Presents*

**Renal Dilemmas:  
Facing Expected *and*  
Unexpected Challenges**

A CONFERENCE FOR RENAL, TRANSPLANT,  
AND PHARMACY HEALTH CARE PROFESSIONALS

**AMGEN**<sup>®</sup>



**Tuesday, June 19, 2007**

8:00 AM - 3:30 PM

New York Hall of Science  
Queens, NY

[www.kidneyurology.org](http://www.kidneyurology.org)

*We would like to thank  
our educational partners*



*and*



*Special thanks to*



# KIDNEY & UROLOGY

FOUNDATION of AMERICA, INC.

## RESEARCH & PROGRAMS THAT TOUCH PEOPLE

The Kidney & Urology Foundation of America Inc., is a national, not-for-profit organization dedicated to helping people avoid the debilitating effects of kidney and urologic diseases – disorders affecting as many as 70 million Americans today. The Foundation aggressively focuses on kidney and urologic research to nurture the development of new therapies and to make new treatments more accessible to people in need.

Through its funding of research, medical conferences and interdisciplinary hospital initiatives, the Kidney & Urology Foundation of America will provide the leadership necessary to promote a better understanding of kidney and urologic diseases.

We are committed to making research and resources available to patients and their families, as well as caregivers, and we measure our success by our ability to respond meaningfully and personally to the public.

Visit our website at [www.kidneyurology.org](http://www.kidneyurology.org)

For more information, call 800.633.6628 or write to us at:

**Kidney & Urology Foundation of America, Inc.**

1250 Broadway, Suite 2001

New York, NY 10001

# Welcome

*It gives us great pleasure to welcome you to the Kidney & Urology Foundation of America's multidisciplinary conference: Renal Dilemmas: Facing Expected and Unexpected Challenges. The Foundation continually strives to provide up-to-date information to assist you in advancing the care of renal and transplant patients. We offer special 'thanks' to the planning committee for its insight and efforts to create a program which we believe you will find relevant and meaningful to your work.*

*Please take the time to fill out an evaluation at the end of the day to help us improve our program and events planning process. We hope that you will have a productive and enjoyable day of learning and networking.*

*Most sincerely,*

**Shirley Baer**  
Executive Director

**Carol Brower**  
Program Director

## PROGRAM COMMITTEE

**Tatiana Alvarez, RN, BSN, CCTC**  
Newark Beth Israel Medical Center

**Joan Arslanian, MSN, RN, CS, FNP, CNN**  
New York Hospital Queens

**Jennifer Audley, RN, BSN**  
Mount Sinai Medical Center

**Roberta Billman, RN, MSN, CNN, CCTC**  
Rogovin Kidney & Transplant Institute

**Carol A. Brower**  
Program Director  
Kidney & Urology Foundation of America

**Toby Cohen, MS, RD**  
Upper East Side Dialysis Center

**Christina Dorosz, RPh**  
Renaissance Health Care

**Maya Doyle, LCSW-R**  
Children's Hospital at Montefiore

**Nancy Indelicato, LCSW, ACSW**  
Morgan Stanley Children's Hospital of New York Presbyterian

**Linda Irwin**  
Montefiore Medical Center

**Joan Kelly, RN**  
Columbia Presbyterian Medical Center

**Carol Logan, RN, BSN, MS, CNN**  
IPRO ESRD Network of New York

**Richard Marcial**  
Upper East Side Dialysis Center

**Joseph Mazzilli, MBA, CCHT**  
Roche Laboratories, Inc.

**Dalia Mechanic**  
Program Associate  
Kidney & Urology Foundation of America

**Leslie Neve, RN, MBA**  
SUNY Downstate Medical Center

**Cathy Picarelli, RN, BSN, CNN**  
Hackensack University Medical Center

**Marilyn Rauchberg, BA, RN**  
St. Barnabas Medical Center

**Barbara Richter, RN, BSN, MA**  
Mount Sinai Medical Center

**Jaqueline Ruffin**  
Morgan Stanley Children's Hospital of New York Presbyterian

**Daisy Salort, RD, CDN**  
Our Lady of Mercy Medical Center

**Phyllis Schiff, RN, BS**  
Upper East Side Dialysis Center

**Phil Varughese, BS, CHT**  
Richmond Kidney Dialysis Center

**Laurice Whitfield, LCSW**  
Beth Israel Medical Center-Yorkville Dialysis

This Continuing Nursing Education activity was approved for 5.4 contact hours by the American Nephrology Nurses' Association (ANNA).

ANNA is accredited as an approver by the American Nurses Credentialing Center's Commission on Accreditation (ANCC-COA).


Provider approved by the California board of registered nursing, provider number CEP 00910 for 5.4 contact hours. California licensees must retain this document for 4 years. Licensees are responsible for being aware of their states procedures & requirements.

The American Board for Transplant Certification (ABTC) has approved this educational offering for up to 6.6 Category I Continuing Education Points for Transplant Certification (CEPTC's).

This program has been approved by the Commission on Dietetic Registration for 5.5 CPEUs for registered dietitians (RD's) and dietetic technicians, registered (DTR's).

6.4 continuing education units have been approved by the National Association of Nephrology Technicians/Technologists (NANT).

This program is approved by the National Association of Social Workers (provider # 886 448 572) for 5.5 continuing education contact hours.

 St. John's University College of Pharmacy and Allied Health Professions is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Successful completion of this program provides a total of four (4) contact hours of continuing education credit. In order to obtain credit, participants must complete required continuing education forms and submit them on site. The Universal Program Number that has been assigned to this program is:

043-999-07-045-L04 .4 CEU  
Statements of credit are mailed to participants within six weeks of completion of the program. If not received within that time, phone 718.990.2164.

## Program Schedule

counseling for hemodialysis and peritoneal dialysis patients. She participated in the HEMO study as a certified HEMO study dietitian. At her private practice Sujata integrates clinical dietetics with functional nutrition for clients with a range of conditions.

### Objectives:

1. Discuss the history of renal diets up through current day diet
2. Outline the functional nutrition approach versus the current practice
3. Discuss how some patients' symptoms may improve with the use of functional nutrition

2:10-2:50pm

### Transplantation: Dealing with the Landmines Shamkant Mulgaonkar, MD, FASN

Dr. Shamkant Mulgaonkar is Chief, Renal and Pancreas Transplant Division, Saint Barnabas Health Care System and is one of the preeminent professionals in transplantation in New Jersey. He has been instrumental in the rapid growth of transplantation in the State and championed the development of the Living Donor Transplant Programs at both Saint Barnabas and Newark Beth Israel Medical Centers. Dr. Mulgaonkar is a dynamic leader who has cared for more than 1,500 kidney transplant recipients since the 1970s. He is largely responsible for the success of the Saint Barnabas Health Care System's Renal and Pancreas Transplant Division as one of the most highly regarded programs in the United States. Dr. Mulgaonkar's major research interests include transplant immunology, clinical trials of newer immunosuppressants, and allograft thrombosis. He has led clinical research trials in the use of many novel immunosuppressants and has published over 130 scientific papers in peer reviewed journals. Dr. Mulgaonkar is a member of a number of professional societies and serves on the Medical Advisory Board of the Kidney & Urology Foundation of America.

### Objectives:

1. Describe the challenges of expanded criteria donor cards and donation after cardiac death
2. Explain issue of non adherence as it relates to transplant outcomes
3. Explain the importance of early referral for transplantation for ESRD patients

2:50-3:30pm

### What to Do With the Challenging Patient? Carol Logan, RN, BSN, MS, CNN

Carol Logan (Lyden) is Quality Improvement Coordinator for the IPRO ESRD Network of New York. She is responsible for initiating focus review of quality issues at the dialysis facility level under direction of the Medical Review Board. Ms. Logan serves as Treasurer of the Long Island Chapter of ANNA and is on their Education Committee. Ms. Logan was Nurse Manager at Good Samaritan Hospital on Long Island from 1982 to 2005 and is a Certified Nephrology Nurse in addition to being certified as a Nonviolent Crisis Intervention Instructor.

### Objectives:

1. List two reasons a patient may be discharged from a facility
2. State behavior modification technique used to deal with violent patients
3. Identify the documentation required by the ESRD Network prior to discharging a patient

3:30pm

### CEU CERTIFICATES/ PHARMACY POST-TEST

# Program Schedule

Mary Mahoney is Bioterrorism Coordinator for the Nassau County Regional Resource Center, North Shore - Long Island Jewish Health System and is Deputy Commander for the Disaster Medical Assistance Team (DMAT) NY-2. She has served in the health care field for 23 years and in the emergency management field for 17 years. Ms. Mahoney has over 18 certifications including Certified Emergency Nurse and NY State Emergency Medical Technician - Critical Care and is the recipient of numerous 'Nurse of Excellence Awards.' Among other affiliations, Ms. Mahoney is a member of the Emergency Nurses Association and the Mineola Volunteer Ambulance Corps.

## **Objectives:**

1. Participants will be able to describe ways in which Renal Centers may be used as part of a local response to a disaster
2. Participants will be able to list ways in which Renal Centers can participate in emergency preparedness planning at the community level

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**12:10-12:30pm** **Remarks / Panel Discussion / Q&A**  
Mary Ellen Hennessy, RN

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**12:30-1:30pm** **Lunch and Exhibits — Great Hall**

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**1:30-1:50pm** **Impact of Obesity on Adolescents with CKD: From Diagnosis Through Transplant**  
Lauren Graf, MS, RD

Lauren Graf is Ambulatory Pediatric Dietitian for Montefiore Medical Center in the Bronx, NY. Ms. Graf has been a registered dietitian since 2003 when she graduated Magna Cum Laude from the University of Connecticut and received her MS from New York University. In her current role, Lauren performs nutrition assessments and care plans for patients and works closely with the multidisciplinary team. She provides diet education and counseling for patients with chronic kidney disease, kidney transplants and gastrointestinal disorders. Ms. Graf's research includes: "Effects of calcium, magnesium and vitamin D on bone" which was presented in 2003 at the American Dietetic Association Conference in San Antonio, the Connecticut Dietetic Association, and at the Frontiers of Undergraduate Research.

## **Objectives:**

1. Participants will be able to describe the physiological impact of obesity on kidney function/progression to chronic kidney disease
2. Participants will identify risks associated with excess weight gain and obesity in transplant patients
3. Describe supportive strategies to help patients with weight management throughout the course of kidney disease (both before and after transplantation)

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**1:50-2:10pm** **Does a Functional Nutrition Perspective Have a Role in Renal Nutrition?**  
Sujata Patel, MA, RD, CDN, CCN

Sujata Patel is a Registered Dietitian and a certified clinical nutritionist. For the last 12 years she has worked as a Nephrology Nutritionist for Yorkville Dialysis Center, Beth Israel Medical Center, NYC. Her work includes nutritional care and

# Program Schedule

**8:00-8:40am** **Registration — The Rotunda**  
**Breakfast with Exhibitors — Great Hall**  
*All presentations will take place in the Auditorium*

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## **Master of Ceremonies:**

**Tatiana Alvarez, RN, BSN, CCTC**

*Transplant Coordinator, Renal & Pancreas Transplant Program, Newark Beth Israel Medical Center, Newark, NJ*

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**8:45-8:55am** **Welcoming Remarks**

**James F. Winchester, MD, FRCP (Glas), FACP**

*Chief, Division of Nephrology & Hypertension, Beth Israel Medical Center, New York, NY and Professor of Clinical Medicine, Albert Einstein College of Medicine, Bronx, NY*

Dr. James Frank Winchester is recognized by nephrologists all over the world as representing the highest standards in understanding the treatment of patients with kidney failure. Dr. Winchester is author or co-author of over 275 papers, chapters, and review articles and has edited a number of important textbooks. He is a recent recipient of the *Legends Award in Nephrology* from the Kidney & Urology Foundation of America.

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**9:00-9:40am** **Keeping Pre-ESRD Patients Pre-ESRD: Using the Health Belief Model**

**Nancy Roth, PhD**

Dr. Nancy Roth received her undergraduate and Masters degrees from Georgetown University, her Post Doc from the University of Southern Wales in Australia and her PhD from the University of Texas. Presently, she is the Director/National Team Leader of Oncology MSLs for Pfizer, Inc. US Medical where she develops and executes product strategy in coordination with marketing and sales. Nancy was formerly the Executive Director for Premier Research and held positions in clinical development for Bristol-Myers Squibb Company and Hoffmann La Roche Inc. Dr. Roth has extensive teaching experience as Assistant Professor in Communications for Rutgers University. She has co-authored two books "Women and Aids: Negotiating Safer Practices, Care and Representation" and "Gendered Epidemic" and has authored more than 10 book chapters and 8 journal articles.

## **Objectives:**

1. Discuss the key components of the Health Belief Model
2. Identify how to apply the Health Belief Model to the health education setting
3. Identify how to apply the Health Belief Model to ESRD prevention

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**9:40-10:30am** **Preventing and Resolving Medication-Related Problems in Individuals on Dialysis**

**Wendy L. St. Peter, PharmD, FCCP, BCPS**

Dr. Wendy St. Peter is currently Associate Professor with the Department of

# Program Schedule

Pharmaceutical Care and Health Systems. She received her B.S. degree in Pharmacy from the University of Montana in 1983 and the Doctor of Pharmacy degree from the University of Texas Health Science Center at San Antonio and UT Austin in 1986, where she also completed a fellowship in adult medicine in 1988. She has been on faculty with the College of Pharmacy since 1988. Dr. St. Peter was involved in nephrology as a clinical practitioner from 1988 to 1996 at Hennepin County Medical Center in Minneapolis, Minnesota and obtained Board Certification in Pharmacotherapy in 1991. St. Peter provided an active consult service in the medication management of dialysis patients in both the inpatient and ambulatory settings. Dr. St. Peter is currently a co-investigator with the United States Renal Data System and is involved in analytical research involving Medicare and other large patient databases. St. Peter recently participated as a technical expert panel member for the Centers for Medicare and Medicaid Services End-stage Renal Disease Outpatient Medications Project.

## **Objectives:**

1. Outline some medication related problems in dialysis patients
2. Describe the role of the pharmacist as part of the renal team
3. Discuss how Medicare Part D works (or doesn't work) in the context of a dialysis patient

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## 10:30-10:50am Refreshment Break and Exhibits - Great Hall

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## 10:50am-12:30pm **PLENARY SESSION — DISASTER PREPAREDNESS**

### **Panel Presentations and Discussion**

#### **Session Moderator: Mary Ellen Hennessy, RN**

Ms. Hennessy worked in hospital critical care for 6 years before joining the New York State Department of Health. Over the past 28 years her accomplishments have included creation, oversight and administration of multiple statewide reporting and surveillance programs for hospitals, long term care, home health care and public health providers. In 2002 she joined the New York State Hospital Bioterrorism Preparedness Program as the Deputy Director, and moved into her current Division position in 2005. She has been actively involved with Public Health Preparedness, serves on the Emergency Preparedness Coordinating Council established by The Greater New York Hospital Association, and Regional planning councils. After the September 11 2001 events changed healthcare in New York, she has been the program lead for the development and implementation of the Health Emergency Response Data System (HERDS), the Department's key method of data collection and communications with healthcare facilities preceding, during and after emergencies in New York State.

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## 10:50-11:10am **Emergency Management - Dealing with the Internal and External**

### **John Mahalko**

John Mahalko is the Chief Hemodialysis Technician for Medina Memorial Hospital and has over 12 years of clinical, technical and administrative experience in the field of dialysis, five of which have been in Emergency Management. Mr. Mahalko currently sits on the Genesee County, NY Emergency Healthcare Preparedness

# Program Schedule

Committee and is an OSHA certified Hazmat Operations First Responder. He is FEMA certified as a Hospital Emergency Responder (HERT) and completed a number of Incident Command System (ICS) courses through FEMA's Emergency Management Institute. He has conducted several presentations intended for educating, training and program development on Emergency Management to administrators, physicians, nurses and support service personnel.

## **Objectives:**

1. List four steps Hemodialysis facilities must take in times of emergency/disaster situations
2. Discuss Hemodialysis facility readiness before and after an emergency situation

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## 11:10-11:30am **From the Inside Looking Out**

### **Barbara Richter, RN, BSN, MA**

Ms. Barbara Richter is Clinical Nurse Manager for the Renal Treatment Center at The Mount Sinai Hospital in New York City and has over 35 years experience in the renal field as a nurse and clinical manager. Her responsibilities include the care of adult and pediatric patients, both in-patient and out-patient, needing either acute or chronic hemodialysis or peritoneal dialysis. For 16 years, Ms. Richter was the Owner/President of Dialysis Educational Services in Flushing, New York. A distinguished member of her profession, Ms. Richter was presented the Nurse of Distinction Award. She has co-authored several clinical research studies including, "Children's Compliance in Dialysis" which was featured in Pediatric Nursing.

## **Objective:**

1. Describe the responsibilities of an inpatient dialysis center where there is an influx of patients due to an external disaster

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## 11:30-11:50am **The ESRD Network and a Patient's Perspective on a Disaster**

### **Dawn P. Edwards**

Ms. Edwards is Community Outreach Coordinator for the IPRO ESRD Network of New York. Her role is to provide education and training to ESRD professionals, patients, family members and other members of the renal community. She acts as the liaison between ESRD patients and provider communities, as well as other ESRD organizations and patient support groups. Ms. Edwards helped organize the newly-formed IPRO ESRD Network Coalition for Disaster Preparedness and remains active in ensuring its success. As a kidney patient, Dawn is well qualified to address disaster preparedness from a patient as well as renal provider perspective.

## **Objectives:**

1. Participants will be educated on the development and progress of the IPRO ESRD Network Coalition for Disaster Preparedness
2. Participants will understand why such a coalition is necessary
3. Participants will have an understanding of how important disaster planning is for patients

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## 11:50am-12:10pm **Integration with Local Response During Disasters**

### **Mary E. Mahoney, RN, MSN, CEN**